Terms & Conditions

reAlive Co Weekend Retreat
10–14 December 2026 | Canacona, South Goa

These Terms & Conditions apply to bookings for the reAlive Co retreat taking place from **10–14 December 2026** in Canacona, South Goa.

By confirming your booking and paying the applicable advance, you acknowledge that you have read and agreed to the terms outlined in this document.

Our intention is to keep these terms clear and straightforward, while making sure everyone arrives with a shared understanding of the retreat, their booking, and their responsibilities as a participant.

1. Booking, Pricing & What's Included

The retreat fee is **₹39,999 per person**.

An **early bird price of ₹36,999 per person** is available for bookings confirmed on or before **15 November 2026**. A booking is considered confirmed once the required **₹10,000 non-refundable advance** has been received.

The **remaining balance must be paid within 7 days of confirming your spot**. If the balance is not received within this period, reAlive Co reserves the right to release the booking.

The retreat fee includes:

- participation in the full reAlive retreat programme;
- **four nights' twin-sharing, air-conditioned accommodation** in Canacona, South Goa;
- **main plant-based meals** for the duration of the retreat;
- all group sessions, practices and planned activities included in the retreat programme;
- scheduled retreat experiences, including the forest experience, river kayaking, spice farm visit and creative sessions, subject to programme changes; and
- local transport required for scheduled off-site retreat experiences, where arranged by reAlive Co.

Single occupancy

Single occupancy may be available on request, depending on the final property and room availability. Any difference in accommodation cost will be payable in addition to the standard retreat fee.

Additional experiences

Any optional therapies, massages, workshops, meals, transport or other experiences not explicitly included in the retreat programme are **not included in the retreat fee** and will be payable separately.

2. Payment & Booking Confirmation

A **₹10,000 advance per person** is required to reserve your spot.

This advance is non-refundable.

Your booking will be considered confirmed only once the advance payment has been received.

The remaining balance must be paid **within 7 days of confirming your spot**. If the balance is not received by the payment deadline, reAlive Co reserves the right to release your spot..

The retreat will proceed once the minimum group size has been reached. If reAlive Co decides not to proceed because the minimum group size has not been met, **all amounts paid, including the booking advance, will be refunded in full.**

Any additional amount payable for single occupancy or other separately requested services will be charged in addition to the standard retreat fee.

Please retain your payment confirmation for your records.

3. Cancellations, Refunds & Transfers

All cancellation requests must be shared with reAlive Co in writing, via email or message.

If you cancel your booking

The **₹10,000 booking advance is non-refundable** in all cases where the participant chooses to cancel.

For any additional amount paid:

- **30 days or more before the retreat start date:** you will receive a full refund of the amount paid over and above the non-refundable advance, less any applicable payment gateway or transaction charges.

- **15–29 days before the retreat start date:** you will receive a 50% refund of the refundable amount paid, excluding the non-refundable advance and any applicable transaction charges.
- **14 days or less before the retreat start date:** no refund will be provided.

No refunds will be provided for no-shows, late arrivals, early departures or missed activities during the retreat.

Transferring your booking

If you are unable to attend, you may request to transfer your booking to another person. Any transfer must receive prior written approval from reAlive Co.

If reAlive Co cancels the retreat

If the retreat is cancelled by reAlive Co for any other reason, participants will receive a **full refund of all retreat fees paid, including the booking advance**.

reAlive Co will not be responsible for reimbursing separately incurred expenses such as travel, external accommodation or other personal bookings.

4. Accommodation

The standard retreat fee includes **four nights' accommodation in Canacona, South Goa**, in a comfortable air-conditioned property, planned on a twin-sharing basis.

The exact property will be confirmed once the retreat reaches its minimum group size. We are partial to stays that are in the lap of nature or close to it, and will choose the final property with comfort, location, availability and the overall retreat experience in mind.

Because the final property is not being reserved before the minimum group size is reached, the specific property, room layout, facilities and surroundings may vary from any representative imagery or examples shared before confirmation.

Once the accommodation has been secured, the property name, photographs and relevant stay details will be shared with confirmed participants.

Room sharing

Twin-sharing accommodation is included in the standard retreat fee.

Roommate allocation may be made by reAlive Co where participants are not booking together. In this case, **women participants will only be paired with other women.**

We will make reasonable efforts to consider roommate preferences, but specific requests cannot be guaranteed.

Single occupancy

Single occupancy may be requested but is subject to availability at the final property. Any additional accommodation cost will be payable separately.

Staying elsewhere

Participants who prefer to arrange their own accommodation may do so after discussing it with reAlive Co. The applicable retreat-only fee and logistics will be shared separately.

Accommodation-related concerns

The accommodation property will be operated and managed by an independent hospitality provider, while reAlive Co facilitates the retreat programme.

Any room, housekeeping, maintenance or property-related concern should therefore be raised with the property team during the stay. reAlive Co will be happy to help connect you with the appropriate person where needed.

5. Meals & Dietary Requirements

The retreat includes **main meals i.e. breakfast, lunch and dinner for the duration of the stay**.

Meals will be **plant-based**, with no meat, fish, eggs or dairy, and will generally focus on fresh, simple and nourishing food suited to a shared retreat setting.

All participants will generally be served the same retreat menu, and we may not be able to provide individually customised meals for allergies, intolerances or specific dietary requirements.

If you have a serious food allergy or dietary restriction, please speak to us **before booking** so you can decide whether the retreat meal arrangement is suitable for you.

Any additional food, beverages or meals ordered outside the retreat meal plan will be payable separately by the participant.

While all meals served as part of the retreat will be plant-based, reAlive Co **does not police or restrict what participants choose to consume outside the retreat meal plan.**

6. Health, Safety & Participation

The retreat may include yoga, somatic movement, breathwork, meditation, nature walks, group games, kayaking, pool or water-based activities, creative sessions and other physical or experiential activities.

Please participate **within your own comfort and physical capacity.** You are always welcome to pause, modify or opt out of an activity if something does not feel right for you.

If you have any injury, mobility concern, medical condition, pregnancy, allergy or other health consideration that may affect your participation, please let us know **before the retreat begins** so the facilitators are aware.

Participants remain responsible for making decisions about their own physical and emotional wellbeing throughout the retreat.

The retreat is intended as a wellbeing and self-exploration experience and **does not replace medical care, psychotherapy or other professional health treatment.**

For outdoor, water-based or third-party activities, participants are expected to follow facilitator and operator instructions, use any required safety equipment, and comply with reasonable safety guidance.

7. Programme Changes & Unforeseen Circumstances

The retreat schedule, facilitators, activities, accommodation and third-party experiences may occasionally need to change due to **weather, safety considerations, supplier availability, property availability, local conditions or other practical circumstances.**

Where possible, reAlive Co will aim to offer a suitable alternative while preserving the overall spirit and value of the retreat.

Changes to the timing, order, location or format of individual activities will not normally entitle participants to a refund.

If circumstances require reAlive Co to cancel the retreat entirely, the cancellation and refund terms outlined in **Section 3** will apply.

8. Community Conduct & Shared Spaces

The retreat is designed to be a respectful, relaxed and inclusive shared experience.

We ask all participants to:

- treat fellow participants, facilitators, property staff, third-party operators and the surrounding environment with respect;
- respect other participants' personal space, boundaries and choices around participation;

- avoid disruptive, aggressive, discriminatory or harassing behaviour;
- follow reasonable safety instructions from facilitators, property staff and activity operators; and
- be mindful of noise and shared spaces, particularly during rest hours.

Some retreat sessions may involve personal reflection or group sharing. Participants are expected to treat anything shared by others in these spaces with **sensitivity and discretion.**

Participation in sharing exercises is always voluntary. No one will be required to disclose anything they are uncomfortable discussing.

Mobile phones & digital use

We encourage participants to keep phone use to a minimum during the retreat so there is more space for rest, presence and connection.

Phones should be kept on silent and put away during facilitated sessions, group circles and shared activities unless needed for an emergency or specifically invited as part of an activity.

During free time, participants are welcome to use their phones as they choose, while remaining mindful of the shared environment and other guests' privacy.

Alcohol, smoking & recreational drugs

Participants must follow the host property's policies regarding alcohol, smoking and vaping.

Participants are expected to attend retreat sessions sober, and smoking or vaping is not permitted during retreat activities.

What participants choose to consume outside retreat activities is their own responsibility, provided it does not affect their participation or the experience of others.

Illegal drugs are strictly prohibited. Their possession, purchase or use may constitute a criminal offence under applicable law, and reAlive Co will neither facilitate nor assume responsibility for such activity.

reAlive Co reserves the right to ask a participant to leave the retreat in cases of serious misconduct, behaviour that compromises the safety or wellbeing of others, or repeated disregard for these shared expectations.

In such cases, no refund will be provided.

9. Littering & Respect for Natural Spaces

Littering is not acceptable during the retreat. This includes cigarette butts, food waste, tissues, packaging, bottles, cans or any other organic or inorganic waste.

Participants must not leave litter on beaches, in forest areas, near rivers, or at any location visited as part of the retreat. Where bins are not available, all waste must be carried back and disposed of appropriately.

We expect particular care in forests, waterways and other natural areas. Nothing should be left behind, including biodegradable or organic waste, as it can disturb wildlife and the natural ecosystem.

Important: Any participant found littering will receive one warning. A further violation may result in the participant being asked to leave the retreat without refund. We're not kidding.

10. Travel, Transport, Personal Belongings & Responsibility

Participants are responsible for arranging and paying for their own travel to and from the retreat unless a transfer has been explicitly included or arranged separately.

reAlive Co will coordinate local transport required for scheduled off-site retreat experiences where this is stated as included. The mode of transport may vary depending on group size, operator availability and logistical requirements.

Please take reasonable care of your personal belongings during the retreat. reAlive Co cannot accept responsibility for lost, stolen or damaged personal items.

Any personal expenses incurred during the retreat, including additional food or drinks, therapies, shopping, private transport or activities outside the included programme, will be the participant's responsibility.

Participants are also responsible for any damage they cause to accommodation, property, vehicles, equipment or third-party facilities during the retreat and may be required to cover the associated cost.

11. Third-Party Activities & Providers

Some parts of the retreat may be delivered by independent third-party providers, including accommodation operators, kayaking providers, farms, transport providers, therapists or other activity facilitators.

These providers may have their own safety requirements, waivers, eligibility conditions or operating policies. Participants are expected to follow any reasonable instructions or requirements communicated for the relevant activity.

reAlive Co will take reasonable care in selecting and coordinating third-party providers, but does not directly control their day-to-day operations, staff, equipment or facilities.

Where an activity cannot safely or practically go ahead due to weather, operator availability or other circumstances beyond reAlive Co's control, the programme-change terms in Section 7 will apply.

12. Photography, Video & Privacy

We may take photographs or short videos during the retreat for reAlive Co's documentation, website, social media or future promotional material.

If you **do not wish to be photographed or filmed**, please let us know before the retreat begins. We will make reasonable efforts to respect your preference.

Participants are also requested to be mindful when photographing or recording others and to seek their consent before sharing identifiable images, videos or personal moments publicly.

Any personal reflections or experiences shared during circles or group sessions should be treated with **respect and confidentiality** and should not be shared outside the group without the person's permission.

13. Participant Declaration & Acceptance

By signing below, I confirm that I have read and understood the reAlive Retreat Terms & Conditions and agree to abide by them.

I understand the nature of the retreat, the accommodation arrangements, the activities, the shared environment and the policies described in this document. I confirm that I am participating voluntarily and accept responsibility for communicating any relevant concerns before or during the retreat.

I also understand that failure to follow the retreat's safety, conduct, venue or third-party activity requirements may result in my participation being discontinued without refund.

Participant Name: _____

Signature: _____

Date: _____

Emergency Contact Name & Number: _____